



BRINGS YOU THE

9TH ANNUAL

# DARLING DASH 5K/1K

THIS RACE FUNDS #SICKLECELLTRAITEducation

8AM, SUNDAY, FEBRUARY 24, 2019

STUDE PARK - IN THE HOUSTON HEIGHTS  
1031 STUDE STREET, HOUSTON, TX 77007

GORGEOUS RACE ROUTE ALONG THE HOUSTON BAYOU

UT★Physicians

A Part of UTHealth

FINISHER  
MEDALS

FIRST 1,000  
PARTICIPANTS!



FOR MORE INFORMATION TO VOLUNTEER, SPONSOR OR REGISTER:

[DARLINGDASH5K.COM](http://DARLINGDASH5K.COM)

# 8AM, SUNDAY, FEBRUARY 24, 2019

## RACE SCHEDULE:

**7:00AM** | **PACKET PICK-UP  
AND REGISTRATION**

**8:00AM** | **5K BEGINS**

**9:00AM** | **1K BEGINS**

**10:00AM** | **BOTH RACES END**

Family Fun Run/Walk • Kids Zone • Free Sickle Cell Trait Screenings • Refreshments • Free Autographs • Music • w/Pro Athletes and Local Celebrities • Group & Team Discounts

## AN EVENT TO:

- Honor the memory of Sickle Cell #TraitWarrior and Stephen F. Austin High School Alum, Devaughn Darling
- Increase awareness of the importance of hydration and the adverse health effects of Sickle Cell Trait in carriers that can be of African, Indian, Latin, Italian, Irish, Mediterranean, Greek & Turkish descent
- Raise funds for the As One Foundation's prevention, education, and scholarship programs
- Join the national effort to reduce obesity through physical activity

**In Loving Memory**

*Devaughn  
Darling*

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OR EMAIL [INFO@ASONEFOUNDATION.ORG](mailto:INFO@ASONEFOUNDATION.ORG)